



Center for Children & Teaching

## **Pedagogic Psychological Counseling during the reopening of daycares and schools. April 2020.**

**Dear Parents**

**PPR's employees continue to be sent home to contain the spread of the corona virus. Therefore, we are not found in our usual workplaces in daycare centers and schools. However, we have workplaces at home, and continue to provide advice to pedagogues, teachers and parents alike.**

Many families, with the closure of daycare, schools and the community have experienced a new challenge. Regardless of how the individual family has faced this unusual situation, it is common for all of us to have been faced with the same crisis. This has meant a changed everyday life, which has an impact on the well-being of parents and children.

As parents, the reopening of daycare and school must bridge the gap between home life during repatriation and everyday life in daycare and school. Everyday life has also changed.

**If you, as parents must send your child in daycare and school, at a time when there is a serious health crisis, it is important to stick to the following advice when talking to your child about the reopening.**

Here is some good advice for parents: how to talk to my child about reopening daycare and schools.

### **Talk and give information**

Be calm and clear when your children need to be informed that daycare and schools are opening again. Tell when it's going to happen? How will it go? Why it must be done in a certain way? Why doesn't school start at the same time for all children? Help translate the information from authorities into a language and knowledge that the child can understand. Stick to the facts and adapt it to your child's age and understanding of the world.

## **Allow the child to ask questions**

Many children want questions about the situation. Allow the child to respond and ask questions about it. Answer as concisely as possible. Also ask if the child has received an answer.

Listen to your child's expectations and concerns about returning to school or kindergarten

The reactions to returning to daycare and school can be very diverse and include joy and fear. Give yourself time and quiet to listen to your child's expectations and concerns. Ask what the child is looking forward to and what the childcares about. Help the child sort through the various thoughts and feelings.

As parents, the smallest children must be screened for the flow of information. But older children want more complete explanations. As a starting point, older children need real answers. Phrases like "don't worry about that" don't help. Instead, talk about what makes sense to avoid infection and how, during a health crisis, you can be in daycare and attend school in a good way and in a good way with your fellow children.

## **Your concern**

Many parents will also be concerned about the situation their child will face in daycare and school. Are hygiene and distance rules controlled? How will the other children, pedagogues and teachers behave?

Try to be calm. Your worry and fear can infect your child. Your child needs support and guidance in this situation.

## **Seek help. If you are unsure of anything.**

As a parent, you have the opportunity to contact PPR if you are unsure how to support your child during the reopening of daycare and school.

You can contact the school or daycare psychologist if you need a talk.

In the chart below you can see which psychologists belong to which schools. Leave a message and the school psychologist will contact you afterward:

The table below indicates which psychologists belong to which daycare and schools and at the same time provide contact information by phone or mail.

<b>Psychology</b>	<b>Daycare</b>	<b>School</b>	<b>Others</b>	<b>Tlf. and mail address</b>
Elise Nielsen	Humblebo Maglemuen	Nordskov school	Shielding group in Valmuen	24 62 89 04 <a href="mailto:elnie@faxekommune.dk">elnie@faxekommune.dk</a>
Mari Torgunrud	Regnbuen Småfolket	Vibeeng school	Øen	40 46 23 96 <a href="mailto:mtorg@faxekommune.dk">mtorg@faxekommune.dk</a>
Lærke Juul Edelgaard	Frøen Terslev kindergarten	Terslev school Youth school	Fulltime- teaching	24 85 88 22 <a href="mailto:edelg@faxekommune.dk">edelg@faxekommune.dk</a>
Line Kubel	Møllen	Møllevangs school -Special classes	The school at the Forest	23 45 76 31 <a href="mailto:liku@faxekommune.dk">liku@faxekommune.dk</a>
Charlotte H Daugaard		Sofiendal school -Special classes	Bråby all-day school	51 55 13 33 <a href="mailto:dauga@faxekommune.dk">dauga@faxekommune.dk</a>
Mai Sisse Waage	Dalby Lillebo	Bavne school Druestrup school	Øen	40 46 23 41 <a href="mailto:waage@faxekommune.dk">waage@faxekommune.dk</a>
Helle Hagh Ellegaard	Heimdal Kridthuset	Rollo school	Bråby all-day school Lindersvold	51 55 13 31 <a href="mailto:heel@faxekommune.dk">heel@faxekommune.dk</a>
Estrid Munkholm	Karise kindergarten Spjellerup kindergarten Daycare	Karise school Spjellerup school	Center class Bråby fulltime school	30 29 21 83 <a href="mailto:emu@faxekommune.dk">emu@faxekommune.dk</a>
Mette Fonsø	Hylleholt school Privat school	Mælkevejen HMDI	Shielding group in Mælkevejen	23 42 37 06 <a href="mailto:mfons@faxekommune.dk">mfons@faxekommune.dk</a>

PPR's other employees (physiotherapist, occupational therapist, speech-hearing consultants) can also be contacted by phone 56 20 34 60 or via [PPR2@Faxekommune.dk](mailto:PPR2@Faxekommune.dk)

*Pia Frydkjær*

*Leder of PPR*