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## Health care: Protect your child's skin from frequent hand washing.

Dear Parents

There is a special focus on hand hygiene to prevent corona infection. However, frequent hand washing can irritate and dry out the skin. Help your child take good care of his skin.

You can lubricate your child's hands with a cream to protect against dehydration. Lubricate your baby's hands in the morning and before bed so that the cream can work overnight.

If your child needs a hand cream during the day, give your child a hand cream to school/daycare.

If your child needs help lubricating hands during the day at school/daycare, then arrange with a teacher or pedagogue to help your child with it.

If you want more information:

The links below provide good advice on what you as a family can do:

<https://www.astma-allergi.dk/-/beskyt-dit-barns-hud-ved-hyppig-handvask>

<https://www.dr.dk/nyheder/indland/har-dit-barn-ogsaa-toerre-haender-faa-fire-raad-til-det-her>

Best regards  
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